



**INDRAPRASTHA COLLEGE FOR WOMEN  
UNIVERSITY OF DELHI  
NATIONAL CADET CORPS**



## **SWACHH BHARAT SUMMER INTERNSHIP 2019**

"Change is a process, not an event"

The NCC Unit of Indraprastha College for Women organized a Cleanliness Drive from 23rd July 2019 to 28th July 2019, and Seminar on Swachh Bharat Mission on 25th July 2019. The main objective of this program was to spread awareness among the students regarding cleanliness and its benefits.

The event started on 23rd July 2019 with speech by SUO Smriti Singh mentioning the importance of Cleanliness and hygiene and suggested methods to spread awareness about the same. The cadets promoted their idea on cleanliness by segregating the wastes and collecting the waste around. Also, the cadets advised other students to properly dump the sanitary waste.

The cadets bestowed their ideas on Swachh Bharat Mission via beautiful posters and essays. The event turned out to be a great success in promoting awareness amongst students. The cleanliness drive was carried out in the nearby area from 24th July to 28th July that aimed at taking the cleanliness to the next step and making the general public aware of the must know issue - Sanitation.

The cadets interviewed the vendors and random customers. The vendors were also advised to keep dustbins and segregate the waste. The local people were asked to minimize the use of plastics and other non- biodegradable waste.

Cadets also enlightened young and old people residing in nearby slum about Swachh Bharat Mission. They were dumbstruck after listening how gravely they are being affected due to the litter piles and mosquitoes breeding there. The crowd responded positively and assured to keep the surroundings clean and pass on the information regarding must know Swachh Bharat Mission. The drive accomplished in making the crowd aware of the necessity of Sanitation.

There was also an intriguing seminar on Swachh Bharat Mission on 25<sup>th</sup> July 2019 where the cadets discussed - What is Sanitation, it's need, current scenario in India, effect of media and suggestive measures to tackle the situation. Cadets came forward with their ideas to improve the condition of public areas and methods to spread awareness. The affair ended with compassionate cadets ready to take steps forward for Cleanliness.







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**20th KARGIL VIJAY DIWAS**

“A picture is worth a thousand words”

To commemorate the 20th Kargil Vijay Diwas with enthusiasm and zeal, the NCC Unit of Indraprastha College for Women organized a movie screening - AMAR JAWAN in the seminar Hall of the college on 26th July 2019. Many curious students other than NCC Cadets joined the event. The screening included the clips of famous Mission Army programme run by National Geographic Channel that showed what does it take to place yourself amidst the world's second largest standing army. Followed by it, there was an informative video from Guns and Glory on, How India rooted Pakistan in Kargil war. The video succeeded in grabbing the attention to the undying efforts of those who owe 1.3 billion hearts our valiant soldiers who guard us to sleep. The session concluded with a query session where the cadets came forward to answer the questions asked by other students.

Adding to the lane, an interactive lecture session was organised on 26th July 2019 in the college premises, where the cadets were able to put forth their opinions regarding the Kargil War and were also exposed to the various phases and realities of the military life. They were also informed about the history and implications of the Kargil War, Mission Vijay of 1999, etc.





“Color is a power which directly enriches the soul”

Triumphing the feeling of nationalism in hearts, a painting competition - RANJAN was also organized in Seminar Hall of the College on 27th July 2019 with the theme: "20<sup>th</sup> Kargil Vijay Diwas". Students, other than NCC cadets, also came forward with brilliant posters depicting the enduring efforts of our soldiers. The event achieved its aim to illuminate the atmosphere with colors.

Overwhelmed with the participation, SUO Smriti Singh sparked the ignite by quoting "You have never lived until you've almost died, And for those who decide to fight, life has a different flavor, The protected will never know!"





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**INDEPENDENCE DAY CELEBRATIONS 2019**

"Long years ago we made a tryst with destiny, and now the time comes when we shall redeem our pledge, not wholly or in full measure, but very substantially. At the stroke of the midnight hour, when the world sleeps, India will awake to life and freedom. A moment comes, which comes but rarely in history, when we step out from the old to the new, when an age ends, and when the soul of a nation, long suppressed, finds utterance. At this solemn moment, we should take the pledge of dedication to the service of India and her people and to the still larger cause of humanity."

With the words of our then Prime Minister Jawaharlal Nehru, India came to the rise and our country was declared free. To commemorate the 73rd Independence Day of India, jolly celebrations were held in our college.

The NCC unit of Indraprastha College for Women was more honored than obliged to be in full-fledged responsibility for the successful accomplishment of the day. Four of our cadets were given the responsibility to escort the respected principal Dr. Babli Moitra Saraf in front of the conference hall for the event. The program then commenced with a soulful rendition of a medley of patriotic songs by 'Alaap' - The Indian Music Society of the College. The Principal then hoisted the flag, accompanied by Guard of Honour by our cadets. This was followed by the National Anthem. The Principal then addressed the College community, deliberating upon the national song - "Vande Matram", discussing its meaning and underlining its relevance in the current scenario, imagining the motherland as a nurturing entity that blesses us all with the abundance of a nourishing environment. She chose the occasion to dedicate a new block to the Extra-Curricular Activity Societies - a move that was welcomed and loudly applauded by the Staff and Students alike. She also recognized the efforts of the cadets of NCC for making this a huge success with their zeal and full patriotic fervor.





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## **FIT INDIA MOVEMENT 2019**

Fit India Movement is a public movement conceptualized by the Government of India, with the aim of inspiring its citizens to be more physically active and fit. It was launched on the National Sports Day, 29th August 2019, at the Indira Gandhi Stadium complex in New Delhi by our honourable Prime Minister Mr. Narendra Modi. The function was attended by the Minister of State (Independent Charge) of Youth Affairs and sports – Mr. Kiren Rijiju along with several sports awardees of 2019 and guests from the film industry. The main idea behind the concept, as the Prime Minister had said, is to encourage people to become more physically active and sporty.

It had wide media coverage with live broadcasting being shown in many schools and colleges. Indraprastha College for Women was amongst the active participants. The NCC unit of Indraprastha College for Women attended the live screening of the event at the Conference Hall. The event conveyed the message that inactivity breeds lifestyle diseases such as diabetes, hypertension, cardio-vascular complications, obesity etc and a regular physical activity be it sports or normal walk, will be helpful in staying disease free. The Cadets and other attendees of the screening pledged to strengthen the movement and take it to every house every individual. It was followed by the National Anthem.



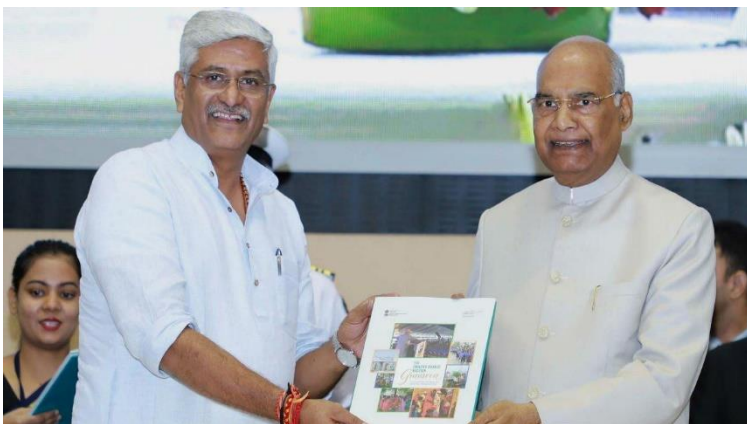


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**SWACHH MAHOTSAV 2019**

The cadets from NCC Unit of Indraprastha College for Women were extended with the unparalleled opportunity of witnessing the honorary President of India, Mr. Ramnath Kovind on Swachh Mahotsav at Vigyan Bhawan on 6<sup>th</sup> September 2019.



The function was organized by the Union Ministry of Jal Shakti. On the occasion, the President presented the Swachh Bharat Awards in various categories. He also received the Swachh Bharat Mission's Book on "Behavior Change Communication" from Shri Gajendra Singh Shekhawat, Union Minister of Jal Shakti, who formally released it. Addressing the gathering, the President said that the biggest feature of 'Swachh Bharat Mission' is that it has become a campaign of every Indian, not just a government campaign. Everyone has taken up the task of cleanliness as his/her own responsibility.

He noted that the Sustainable Development Goals set by the United Nations are to be achieved by 2030. But, India is set to achieve cleanliness targets 11 years ahead, which is in 2019 only. He said that it is a matter of pride for us and every citizen of the country deserves appreciation for this achievement. He also received the Swachh Bharat Mission's Book on Behavior Change Communication from Shri Gajendra Singh Shekhawat, Union Minister of Jal Shakti, who formally released it.

What made the event a stand-out experience for our cadets was that under the Swachh Bharat Summer Internship the first prize was given to Ranjitha S from NCC Cadets. They were given a Swachh Bharat Cloth Bag with a decomposable pen with seeds in its cap that could be planted, to promote eco-friendly products. The whole event was attended by cadets from various battalions and applauded with pride in the constant endeavors we put forward as the largest youth organization and persistently proving our metal in it with dedicated inputs towards the society to make it a better place to live.





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## **EK BHARAT SHRESHTA BHARAT II CAMP 2019**

Ek Bharat Shreshta Bharat II also known as EBSB II November' 2019 was held from 4th November 2019 to 15th November 2019 at NCC Bhawan, Rohini and was organised by 2DGBn. SGT Jaya Mishra, SGT Rishita Rana and CDT Anju represented the N.C.C. Unit of Indraprastha College for Women in this camp.

This camp truly lived to its name as cadets from different cultures/states/cities participated enthusiastically in it, making it a huge success. The events in the camps be it the Cultural Competitions like Group Dance or the Sports Activities like Volleyball/KhoKho; the informative lectures or the educational tours-Delhi Darshan, everything showcased how our Bharat is different yet one, & the very best.

Our Cadets also participated and won in the various Inter-Batallion Competitions and Activities, like

- Group Song Competition, where SGT Rishita & SGT Jaya along with others stood at **SECOND POSITION**
- Guard of Honor to ADG Sir, where SGT Jaya gave her 101% efforts
- State at a Glance Competition, where SGT Rishita participated in a Classroom Act that accurately informed about the state of Delhi
- Tug of War Competition, where CDT Anju along with others displayed her physical fitness
- Debate Competition, where SGT Rishita presented her views on "Are Oldage Homes required in our country?" that compelled people to think

To better understand the culture of the NER & Delhi, an interesting activity was also conducted there where NER cadets were taught some basic sentences of Hindi & Delhites were taught NER's regional language. The camp ended with a positive note with thoughtful words by our Group Commander Brig. Harbir Singh at the Prize-Distribution Ceremony.





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**ALL INDIA GIRL'S TREKKING EXPEDITION: AJMER TREK CAMP 2019**

All India N.C.C. Girls Trekking Expedition, Ajmer Trek-2019, is a National Camp which is conducted annually at the Ajmer city of Rajasthan, in which hundreds of girl cadets, Junior and Senior Wing, from various Directorates of the Country take part. The camp was conducted from 15th November to 22nd November this year. CDT Mahima represented the N.C.C. Unit of Indraprastha College for Women in this camp. The aim of the trek was to inculcate a spirit of adventure, exploration, inquisitiveness and provide opportunity for building endurance and self-confidence amongst the girl cadets.

The trek comprised trekking to various historic places like Jain temple, Ajmer Sharif Dargah and Tara Garh . A trek to Indias' only Brahma temple in Pushkar was also organised. CDT Mahima was selected as the unit senior and group senior for the camp. Various sports and cultural activities were organised during the camp, including kho kho and madley dance competition. Mahima participated in both the activities and was the winner in the cultural competition.





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## **NATIONAL WAR MEMORIAL 2019**

“Our flag does not fly because the wind moves it, it flies with the last breath of each soldier who died protecting it.”

Amar Jawan Jyoti Camp is one of the most prestigious camps organized on the occasion of the NCC Day that marks the establishment of the World's largest Uniformed Youth Organization and is celebrated to pay tribute to the valor of our soldiers, who shed their blood to secure our lives. This is a dream of every cadet to live this camp once and bring home a bunch of lifelong experiences.

This year, the camp was held from 16th November to 23rd November at the National War Memorial instead of the India Gate and hence, the camp is renamed to National War Memorial.

Yet again chasing the milestone, our two cadets - SUO Smriti Singh and SGT Meenakshi completed the camp in full enthusiasm.

Smriti Singh was the part of Shok Shastra along with being the Camp Senior, whereas Meenakshi participated in the Flag area.

The cadets do affirm that this is indeed one of the best opportunities that were ever provided to them and they are proud of being a part of an esteemed camp that apart from giving them renowned resources and trustworthy friends, gifted them a self, they craved for.





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## **REPUBLIC DAY CAMP 2020**

It is a dream for any NCC cadet to be a part of Republic Day Camp. And there are only few lucky ones who get to experience that. For that even if we need to lose out our sleep for few months it is definitely worth it. For some taking part in the parade is the dream of their parents and for others it has been their goal since the day they have joined NCC. One need to be a step ahead in terms of drill, discipline and presentation because if you are an RDC cadet you are expected to be the best.

Republic Day Camp or RDC is the most prestigious camp that is organized by NCC India, and is held at Garrison Parade Ground, Delhi Cantonment from 01st January to 29th January every year. Total of 1850 NCC Cadets are selected from 17 directorates to attend this 30 day camp in which they represent their respective battalions and directorates. The cadets are selected through a tough selection process taken by contingent commander and drill instructors from OTA or IMA. There are at least three PRE RDC cadre where the cadets have to compete to mark their place in the RDC. The camp is also visited by a number of VIPs, including Prime Minister, Defence Minister, Minister of State for Defence, Chief Minister of Delhi and the Chief of Army, Navy and Air force.

NCC Unit of Indraprastha College For Women takes immeasurable exuberance in announcing that SGT Prateeksha Dwivedi and CDT Shrouti Singh going beyond all bound of hindrance and strenuousness have successfully completed the RDC 2020. SGT Prateeksha Dwivedi has aggravated her victory by encrusting her position in the very prestigious Rajpath. She is also one of the few RDC cadets shortlisted for Youth Exchange Programme 2020. Whereas CDT Shrouti Singh was a part of prestigious Prime Minister's, she also got a magnificent opportunity of piloting at the official visit of our honourable Chief Minister Arvind Kejriwal. Their utmost dedication has been successful in bringing fame and glory to our society.





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**PARA SAILING CAMP: PM RALLY 2020**

The Prime Minister's Rally, the most prestigious event of the NCC Republic Day Camp is held on 28 January every year. The PM's Rally commences with the Guard of Honour presented to the Hon'ble Prime Minister by NCC Cadets. Contingents from all State NCC Directorate participate in the March Past. Social activities being undertaken by NCC are displayed in the form of tableaux. CDT Shalu Bhati successfully participated in the Para Sailing Camp which comes under the banner of the coveted Prime Minister's Rally. The event was witnessed by a number of dignitaries that included Hon'ble Defence Minister, Minister of State for Defence, three Service Chiefs and the Defence Secretary.

CDT Shalu Bhati showed and harnessed true notch endurance and physical strength during the Para Sailing Camp.





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**INTER COLLEGE ANNUAL NCC FESTS 2020**

“Pride is holding your head up when everyone around you has theirs bowed. Courage is what makes you do it.”

-Bryce Courtena

With a head held high and full zeal in their endeavors, the cadets of NCC IPCW showed their exorbitant talent in the inter college NCC Fests. Keeping the fire of efforts in their hearts and the stubbornness to be the best, the cadets showcased true power of enthusiasm and determination and won the following accolades:

S. No.	COLLEGE	EVENT	DATE	POSITION
1	Lady Shri Ram College	Quarter Guard Competetion	05/03/2020	Second
2	Janki Devi Memorial College	Quarter Guard Competetion	06/03/2020	First
3	Janki Devi Memorial College	Best Cadet	06/03/2020	First







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**Webinar1: Uncertainty for Youth after Lockdown**

The NCC unit of Indraprastha College for Women organized a webinar session with Col. Manish Prasad as its speaker on 15 May 2020 at 4:00 p.m. discussing about the “Uncertainty for Youth after Lockdown”. It was a very profound and visionary session which witnessed a huge participation of people from all over Delhi and some adjoining cities. The event was attended by special cadets from National Defence Academy (NDA) and prestigious camp holders like Republic Day Camp (RDC). The strength of attendees was around 100 which was an overwhelming response for an event which took place for the first time in NCC IPCW’s history.

The event was further accomplished by conducting a question answer round which again witnessed a plethora of responses directing consideration towards miscellaneous segments and sectors affecting the country and its youth. The webinar session ended on a very good note by words of wisdom by honourable Manish Sir on the roles and opportunities for women in the Military. He briefed us about the eligibilities and vacancies which was very inspiring and broadened our horizons at the same time.

The event was hosted by JUO Kanak Agnihotri, culminated by SUO Smriti Singh’s vote of thanks and overall supervised by the society advisor Akansha, from the department of Pol. Science.

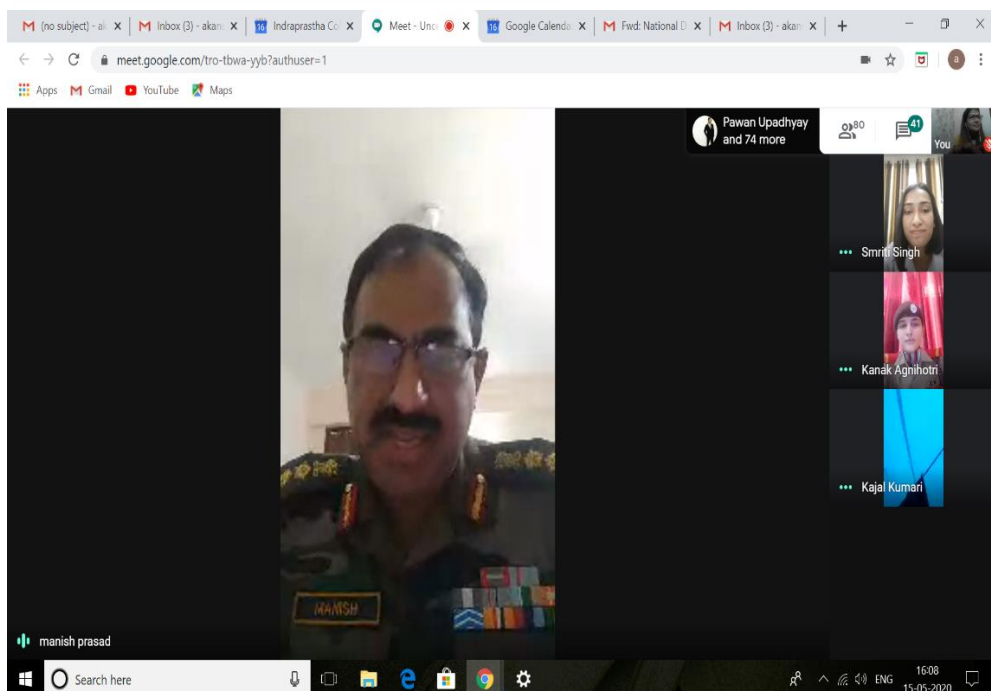


(79)

chances of missing out on attempts?

prateeksha dwivedi 4 mins

India's majority population comprises of the most under privileged people, and owing to the current scenario its going to be almost impossible for them to survive with no education no employment and minimal consideration so do you think that authorities should come up with schemes giving an edge,an upper hand to these sections of the society?



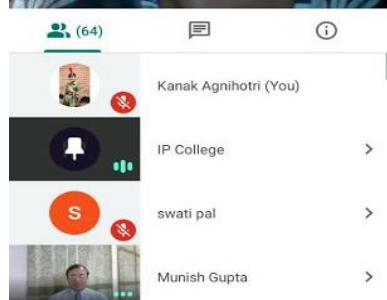
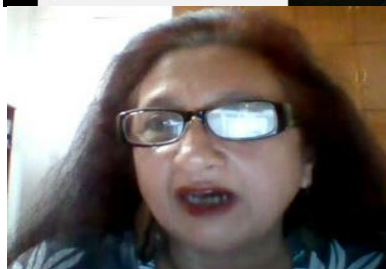
## Webinar2: Battling COVID'19

The NCC unit of Indraprastha College for Women organized its second webinar session on 16 May 2020 at 4:00 p.m. at Google Meet with Col. Munish Gupta as its distinguished speaker for the day. He is one of the most dynamic army officers with tremendous amount of service experience. The topic take up by him was “Battling COVID'19” and it was very well discussed on the platform with around 100 attendees, who were not just required to be careful listeners but also actively participate in questioning session.

The event was also joined by Col. Naidu LCS from Coimbatore who added more weight to the interaction by presenting his views on tackling the disease spread and functioning of NCC in the coming years of COVID'19.

Our Principal Prof. Babli Moitra Saraf gave the opening address and graced the occasion with her venerable presence. The attendees were not just cadets from all over Delhi and the adjoining states but also the insightful professors of the college from the departments of philosophy and political science. The event also witnessed participants from the National Defence Academy (NDA). Variety of topics ranging from economy to mental health, interpersonal relations to public- government relations and working of institutions like NCC was discussed in depth.

NCC coordinator Akansha supervised the entire session. JUO Kanak Agnihotri flawlessly hosted the webinar session yet again. SGT Prateeksha moderated the questionnaire round and it came to an end with SUO Smriti Singh's vote of thanks. SGT Rishita helped with the technical aspects of the event.



Both of the webinar sessions were very informative and gave a lot of people opportunity to voice their concerns and clear out the confusions regarding the ongoing conditions due to the outbreak of Corona virus.

The credit of the overall success of the event goes to the excellent supervision of the Society's Caretaker Akansha and able leadership of the Society's President SUO Smriti Singh.



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**Certificate courses from IGOT**

**"Proper Preparation prevents Poor Performance"**

The NCC Society of IPCW, as directed by the higher authorities incorporated a free online certification course provided by IGOT to make the cadets aware of an ideal conduct to contribute in the pandemic situation as and when required. The course included short videos recorded by cadets across India which was followed by quiz.

Approx. 25 cadets successfully completed the course and appreciated the concise and essential content of the course which helped them realize the delicacy of situation and majority are still pursuing them.

We believe:

**"Continuous Improvement is better than Delayed Perfection"**

and hence request everyone to be aware of the situation along with its consequences before you are left to regret alone.

## Acknowledgement of Completion

This is to acknowledge that  
**Mansi Antil**  
has successfully completed the training  
**COVID-19 Training for NCC Cadets**  
on **08 May 2020**.



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## Acknowledgement of Completion

This is to acknowledge that  
**Meenakshi**  
has successfully completed the training  
**Basics of COVID-19**  
on **06 May 2020**.



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**INTERNATIONAL YOGA DAY 2020**

**“Yoga is the journey of the self, through the self, to the self.”**

The sixth International Day of Yoga was observed with full zeal and zest on 21st June, 2020 round the globe despite of the prevailing uncertain conditions. The NCC Society of IPCW believes in the idea of International Yoga Day, i.e., to spread the awareness about the invaluable benefits of Yoga among the world community for physical, mental and spiritual well-being. Hence, the cadets were encouraged to incorporate yoga in their day to day life and share a glimpse of them doing same. This activity helped them realize the importance of a healthy mind and body over everything.

**"Yoga introduces you to a way of rediscovering yourself, to a sense of completeness gets in tune with life!"**

The NCC Society of IPCW urged everyone to begin with this journey of self discovery.

On the occasion of the International Yoga Day, cadets of Indraprastha College For Women digitally showcased various asanas and pranayams.

